



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09102, Fruit salad, (peach and pear and apricot and pineapple and cherry), canned, water pack, solids and liquids

Report Date: June 30, 2017 06:29 EDT

Nutrient values and weights are for edible portion.

| Nutrient | Unit | Value Per 100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source | NDB Ref | Last Modified |
|-----------------------------|------|-----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Proximates | | | | | | | | | | | | | |
| Water | g | 91.50 | 16 | 0.293 | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Energy | kcal | 30 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 08/1982 |
| Energy | kJ | 126 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 01/2014 |
| Protein | g | 0.35 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Total lipid (fat) | g | 0.07 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Ash | g | 0.22 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Carbohydrate, by difference | g | 7.87 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 08/1982 |
| Fiber, total dietary | g | 1.0 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 01/1994 |
| Minerals | | | | | | | | | | | | | |
| Calcium, Ca | mg | 7 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Iron, Fe | mg | 0.30 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Magnesium, Mg | mg | 5 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |

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|--------------------------------|------|--------------------|----------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|------------------|
| Phosphorus, P | mg | 9 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Potassium, K | mg | 78 | 11 | 3.476 | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Sodium, Na | mg | 3 | 10 | 0.158 | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Zinc, Zn | mg | 0.08 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Copper, Cu | mg | 0.067 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Manganese, Mn | mg | 0.151 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 08/1982 |
| Vitamins | | | | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.9 | 17 | 0.121 | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Thiamin | mg | 0.015 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Riboflavin | mg | 0.021 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Niacin | mg | 0.374 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Pantothenic acid | mg | 0.053 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 08/1982 |
| Vitamin B-6 | mg | 0.032 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Folate, total | μg | 3 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 08/1982 |
| Folic acid | μg | 0 | -- | -- | -- | -- | -- | -- | -- | -- | Assumed zero | -- | 01/2001 |

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|------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Folate, food | µg | 3 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 08/1982 |
| Folate, DFE | µg | 3 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated or imputed | -- | 01/2001 |
| Vitamin B-12 | µg | 0.00 | -- | -- | -- | -- | -- | -- | -- | -- | Assumed zero | -- | 08/1982 |
| Vitamin A, RAE | µg | 22 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 06/2002 |
| Retinol | µg | 0 | -- | -- | -- | -- | -- | -- | -- | -- | Assumed zero | -- | 06/2002 |
| Vitamin A, IU | IU | 440 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Vitamin D (D2 + D3) | µg | 0.0 | -- | -- | -- | -- | -- | -- | -- | -- | Assumed zero | -- | 11/2008 |
| Vitamin D | IU | 0 | -- | -- | -- | -- | -- | -- | -- | -- | Assumed zero | -- | 02/2009 |
| Lipids | | | | | | | | | | | | | |
| Fatty acids, total saturated | g | 0.009 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| 16:0 | g | 0.007 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| 18:0 | g | 0.003 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Fatty acids, total monounsaturated | g | 0.013 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| 18:1 undifferentiated | g | 0.013 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| Fatty acids, total polyunsaturated | g | 0.028 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |
| 18:2 undifferentiated | g | 0.025 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or derived from analytical | -- | 08/1982 |

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|--------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|--|---------|------------------|
| 18:3 undifferentiated | g | 0.003 | -- | -- | -- | -- | -- | -- | -- | -- | Analytical or -- derived from analytical | -- | 08/1982 |
| Fatty acids, total trans | g | 0.000 | -- | -- | -- | -- | -- | -- | -- | -- | Assumed zero | -- | 06/2015 |
| Cholesterol | mg | 0 | -- | -- | -- | -- | -- | -- | -- | -- | Assumed zero | -- | 08/1982 |